

Salmon River is one of the earliest rivers in the area that becomes ice free, and usually the flows last the longest on this river. It is located a short drive from Marmora just north of Tamworth off Hwy 41. It is a less demanding run than some of the other Hwy #7 runs. The levels range, with no maximum flow. Known hazards are potential for downed trees, cold water, and low bridge just before takeout.

Length: Approx. 9.1 KM

Difficulty: Class II/III/IV less demanding run than some of the other Hwy #7 runs

At the take out before the low bridge, please respect the 'No Parking' signs and refrain from parking on private property. In particular please do not park in front of the house on river left. Please pick up your litter and ask those with you to do the same.

The Rapids

First Drop: There are some nice class 2 warm up rapids at the start of the river. The first significant drop on the river is a class 3 double drop rapid with a small hole at the bottom. That can be easily punched. It is best to scout / walk this rapid on the right.

Second Drop IV: The second major rapid is a long semi canyon run. You will know when you get to this rapid as the river does a quick left then right turn. Hop out on river right for best scouting and walking options. The water on this rapid gets funneled down between the two shores and makes a funky curling wave that can shoot you in to the river right rock shore if you are not paying attention. There is a long run out to this rapid as well and several less intimidating spots to put in further down this rapid.

Last Drop III: The last rapid that warrants a mention is a small ledge rapid that drops off and can sometimes create a very sticky hole. This rapid is right on a left turn in the river and will sneak up fast if you are not paying attention. Both sides are easy to walk and scout from. Safety is best set up on river left.

Take Out: There are several smaller class 2 to 3 stuff along this river as well and makes for a nice warm up run or great first time spring run for paddler's not quite use to the weather. At higher level a small but friendly play wave appears near the bottom of this run. Stop and get some surfs in because the take out is just around the corner.

Note at the take out keep an eye on the river right side for the trail or vehicles. If the river is high the water can be flowing quite fast under the bridge and there is not enough room for a kayak to fit under. It is best to take a look when you drop your car off. The take out is on river right in a large eddy.

Salmon River: Local emergency information

Nearest hospital	phone number	address
Lennox & Addington County General Hospital, 8 Richmond Park Dr, Napanee, ON K7R 2Z4	911 for emergency, (613) 354-3301	32 minutes from takeout
Emergency police/fire/ambulance	911	
Marine and Air Search and Rescue:	Toll free (within Canada) 1-800-267-7270	Trenton
Take out address	370 Woodcock's Mills Rd, Tamworth, ON K0K 3G0 44.526456, -77.030817	
Put in address	2458-2364 County Rd 15, Stone Mills, ON 44.590839, -76.997833	

River Safety Talk: A river safety talk is required by Transport Canada and should cover the following main points

Equipment: Does your group have a water-proof first aid kit, spare clothes, pin kit, magnetic compass, fire starter, emergency blanket, cellphone, water- proof light, throw ropes, extra water? Do you have all your gear? (e.g., paddle, skirt, pfd, kayak)? Is it adjusted (PFD and helmets zipped and clipped)? Are your float bags inflated?

Signals: Did you cover whistle, paddle and verbal signals? Remind paddlers they must return signals when they have understood (ok –ok)

Hazards: Wood, rocks, holes, cold water, others specific to your site.

Group structure: Remind paddlers there is a lead and sweep kayak and proper kayak spacing for each rapid (to be addressed on the river).

Ropes: Grab them, with your hands, do not wrap around you.

Swim: Defensive swim position. Hang on to gear. Others to stay in/go to eddy. No standing until touching shore.

Are we ready? Any questions?

NOTES:

